

SAFETY ALERT

Life-altering 2016
construction falls from
ladders or scaffolds

54



**IT ONLY TAKES
A SECOND TO
MAKE A LIFE-
ALTERING
DECISION**

Always maintain 3
points of contact.
One hand and
two feet.

DANGER

Do Not Stand at or above
this level. YOU CAN LOSE
YOUR BALANCE.

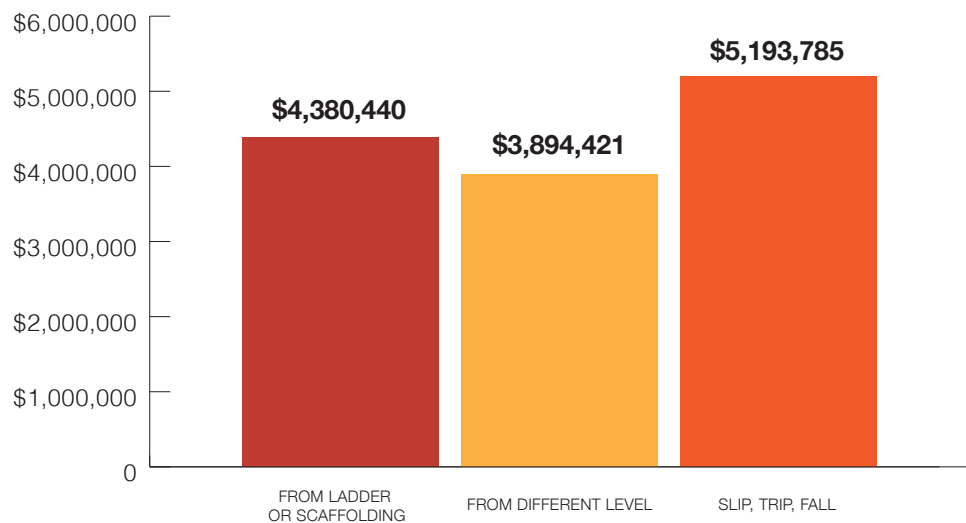
BE CAREFUL OUT THERE.

Ladder Caution Tips:

- 1 LEANING DANGER**
Never lean out too far from a ladder — work within arm's reach.
- 2 NO LADDER WALKING**
Do not “walk” the ladder while still on it.
- 3 BUDDY SYSTEM**
Never use a ladder if you are alone and cannot get assistance if you have an accident.
- 4 NO PULL/PUSH**
Do not push or pull against other objects when up the ladder unless the ladder is properly secured — these forces can destabilize the ladder.

WCF 2016 Statistics For Slips, Trips, and Falls

**Claims
Total
Cost**
in 2016



**Total
Number
of WCF
Claims**
in 2016

